**Food for Thought**

**PSE**
- Listening to what others have to say and responding to their questions.
- Being aware of how others feel and how their actions can affect others.
- Conflict resolution skills.
- Anti bullying skills.

**Communication and Language**
- Listening skills.
- Sitting appropriately.
- Following instructions.
- Retelling of stories and past events.
- Role play – Gym/Grocery shop.

**Physical**
- Climbing up and down stairs and equipment using alternating feet.
- Holding a pencil correctly.
- Scissor skills.
- Knowing which tools to select for different tasks and handling them correctly.

**Literacy**
- Writing different letters.
- Learning the letter sounds.
- Learning to read the tricky words.
- Recognize familiar words such as their name, or advertisements.
- Holding books and turning the pages correctly.
- Pointing at each individual words while reading aloud.

**Mathematics**
- Counting to 20 in the correct order.
- Recognizing one more or less of a given number.
- Estimating.
- Comparing 2 groups.
- Times of the day – day, night.

**Understanding the World**
- Celebrating special days – Remembrance Day, Diwali, Fireworks day.
- Describing similarities and differences of people in the world.
- Developing an understanding of growth, change and decay overtime.
- Observing nature.

**Expressive Arts and Design**
- Making puppets.
- Singing songs and nursery rhymes.
- Describing and experimenting with different textures.
- Modelling with play dough.
- Taping out simple repeated patterns.